



## SPA MENU

  
**DUNIYESPA**  
FOR BODY AND SOUL



Duniye Spas symbolizes a space of complete sensory haven, where time is left at the door and a new journey begins. Step into a sacred place for healing, touch and aroma!

With an innovative approach, combining West with East, traditional rituals with modern modalities, high touch with high tech, Duniye Spas honors our guests entirety and provides a most rewarding spa experience with a true sense of inner-self, well-being and beauty ensuring best results and benefits.

Let our professional team guide you on your personal spa journey:

- signature treatments
- romantic indulgence for honeymooners & couples
- PURE™ facials
- GUINOT facials
- body care & rituals
- beauty care
- massages of the world

**Please note:**

- opening hours from 10am to 8pm
- please come to the spa 15 minutes prior to your appointment to enjoy the full benefits of your treatment
- please note late arrivals may not be honored and will be subject to time deduction
- cancellation: we regret that a 50% charge will be made for treatments cancelled less than 6 hours prior to your appointment. A 100% charge will apply for no-show
- packaged offers are not refundable, not transferable and pre-booking is required
- all rates are quoted per person
- all treatments and rates marked with \* are valid for The Over-Water-Spa
- management reserves the right to change the Spa menu without prior notice
- please call for more information ext. 3040 (Over-Water-Spa) or ext. 3030 (Land-Spa)



## Duniye Spas' Signature

sooth your body  
stimulate your mind  
strengthen your spirit

treatment	description	time
Signature Massage	<p>Your body is lavished with our signature vanilla &amp; whipped cocoa massage butter with essential oils of frangipani, grapefruit and orange. Your skin is richly hydrated and tension is expertly soothed and melted away. Enjoy this personal and customized treatment.</p> <ul style="list-style-type: none"> <li>welcoming aromatic foot ritual with foot scrub &amp; massage</li> <li>full body massage with unique combination of Balinese, Hawaiian Lomi-Lomi and Aroma Swedish massage</li> </ul>	75 min
Firming & Hydrating Crystal Facial	<p>Holistic nourishment for the skin! This exceptional PURE™ facial is not only restful and balancing; it combines ancient healing with powerful pure organic and botanical essences with anti-oxidants to deliver visible results. Derived from the protecting and hydrating properties of pure plant extracts of Yarrow-Papaya and Ginseng &amp; Bee Pollen the skin will feel completely replenished. Includes a unique face massage using Chinese Jade Roller to invigorate and help skin circulation; combat wrinkles and deliver a radiant appearance. Crystal gem stones are used to improve energy system and to release stagnant energy. As a result your skin will appear young, firm and nourished. You will feel deeply relaxed and renewed! Radiance from inside out!</p>	75 min
Maldivian Island Paradise	<p>Pure time out in paradise! This ritual starts with a gentle exfoliating body polish followed by our deep moisturizing and relaxing signature massage. Conclude hydrating mini facial ensuring toned and replenished skin with a divine head massage. Enjoy complete serenity of your senses with a refreshment of 'kurumba' (young coconut)</p> <ul style="list-style-type: none"> <li>welcoming aromatic foot ritual</li> <li>choice of gentle body polish: <ul style="list-style-type: none"> <li>coconut-vanilla (calming, moisturizing)</li> <li>hibiscus guava body polish (vitamin c, antioxidant, skin tightening)</li> </ul> </li> <li>tropical, sensuous orange-mango milk bath*</li> <li>signature massage</li> <li>hydrating mini facial</li> <li>tropical refreshment with 'kurumba'</li> </ul>	150 min
<b>Special Spa Repeater Offer: 15% off</b>	<p>Have 3 or more of any treatments and receive a special 15% off (note: excludes him &amp; her, full moon magic, manicure, pedicure, salon treatments; discount only applicable for pre-booked package/ per person, package is not transferable)</p>	



## Romantic Indulgence for Two

a world of sensory heaven

where time is left at the door

and a new journey begins

treatment	description	time
Full Moon Magic	<p>Captivate all your senses as you connect with the vital power of The Elements in this most enchanting ritual. Magical not only with full moon!</p> <ul style="list-style-type: none"> <li>• aromatic foot soak, scrub and massage</li> <li>• oriental full body massage melt</li> <li>• choice of: <ul style="list-style-type: none"> <li>- ginger lemongrass rub (cleansing, revitalizing)</li> <li>- cocoa cinnamon body wrap (toning, stimulating)</li> </ul> </li> <li>with indulgent head and foot massage</li> <li>• tropical bath infusion with geranium yling ylang bath milk</li> <li>• champagne &amp; fruits</li> <li>• spa present for your spa experience at home</li> </ul>	120 min
Honeymoon Indulgence	<p>Embrace the essence of pure romance! Be with your partner and let our professionals lead you on this sensory journey! Start with a refreshing foot ritual followed by:</p> <p><b>For HER:</b> Balinese massage, vitamin C rich papaya-mango body envelope, pampering foot massage with mask, replenishing hair-scalp massage with rosemary oil</p> <p><b>For HIM:</b> invigorating deep tissue aroma massage, deep cleansing ginger-lemongrass body rub, deep relaxing Indian head massage, minty foot scrub followed by reflexology</p> <p>This treatment includes:</p> <ul style="list-style-type: none"> <li>• sensuous and nourishing orange-mango bath soak*</li> <li>• tropical refreshment with papaya banana fruit punch</li> </ul>	120 min
Him & Her	<p>The ultimate in romance and indulgence! Our skilled therapists welcome you and your loved one with a sensual foot ritual in our candlelit treatment room. Revitalizing essential oils burning for an intoxicating aroma. Indulge with a sublime aromatic full body massage.</p> <p>Champagne is served for you to savor after the treatment. What more could you ask for?</p>	65 min
Time for Him	<p>This maintenance facial is uniquely designed for the needs of male complexion using nature's best extracts and ingredients to help to purify, hydrate and revitalize the skin. While the face is perfectly treated with a deep cleansing mask, cap this top to toe treatment with a minty foot scrub followed by a refreshing foot mask. Ideal for those living a hectic lifestyle and frequent air travelers.</p>	60 min

## PURE™ Facials



intensive nourishment  
 living nutrients for living skin cells  
 skin care as pure & efficient as it gets

PURE™ Skin Care is custom formulated for Duniye Spas using 100% purest botanical and organic superior ingredients. It contains absolutely no harmful chemicals, additives or preservatives. The unique and limited production of PURE™ Skin Care products delivers excellent results. Only the purest, most potent organic and natural plant based ingredients are used in the preparation of each PURE™ Skin Care line. Each limited production batch is exact, original and unique. And each is monitored for its consistency and effectiveness by a panel of experts botanist, herbalists, dermatologists and aromacologists. PURE™ - as unique as you are!

PURE™ Skin Care consists of two highly synergic components

1. PURE™ fragrance free, pure botanical skin products
2. PURE™ Organic SkinSERUM

Each extraordinary blend of PURE™ Organic SkinSERUM contains a remarkable diversity of complex substances which only nature can produce. Each blend is formulated to address a specific skin concern or condition.

Facial treatment	description	time
PURE™ Facial Hydrating & Nourishing	A gentle, calming yet effective facial that re-hydrates and nourishes all skin types specially after a day in the sun or a long journey. White tea extract contains contain extremely high concentration of antioxidants with high skin soothing and strengthening properties. Neroli, one of the world's most precious oils, is beneficial for good circulation, thus ensuring enough nourishment is delivered to the skin. It also strengthens skin's elasticity, counter-acts photo-aging and restores radiant appearance.	60 min
PURE™ Facial Oxygenating & Regenerating	Experience immediate visible result with a unique selection of repairing actives to reduce fine lines and counteract premature aging. Featuring PURE's exclusive soft sculpture mask with superior botanical ingredients of the native Amazon Sangro de Drago tree to stimulate migration of fibroblast cells for skin repair and tissue regeneration. Bulgarian Rose and Chlorophyll, a rich source of oxygen and nutrients, detoxify and regenerate the skin. This outstanding facial combats skin's natural decline, leaves your skin firm, radiant and more youthful. Includes eye contour treatment.	75 min



**GUINOT**  
INSTITUT • PARIS

## Guinot Facials

A journey into the beauty world  
of the world's leader in skin care

facial treatment	description	time
GUINOT Aromatic Facial	<p>The magic of plants, 100% natural aromatic skin care. This exceptional holistic facial combines ancient healing with powerful organic, botanical essences to deliver visible results.</p> <p>Five steps to beauty using specially created creams and blends from 18 plants and essential oil extracts. Customized to suit your skin type, the Guinot aromatic facial combines natural products and massage to regenerate and revitalize the skin. Features a special face massage using the Chinese Jade Roller to invigorate the skin and Crystal gem stones to balance the energy system.</p> <p>This treatment is recommended for everyone who wants to recover a relaxed and glowing complexion through the healing power of nature.</p>	75 min
GUINOT Beauté Neuve Facial	<p>Tiredness, stress or passing time can contribute to loss of radiance. The epidermis gets "clogged" with dehydrated cells, cellular renewal slows and the complexion appears dull and congested. One Beauté Neuve treatment will remove these superfluous cells and help the skin to breathe again using fruit acids, fruit enzymes, amino acids (proteins) and vitamins. Cellular renewal is accelerated and you will discover a fresh complexion, more beautiful, more radiant.</p> <p>Avoid direct sun exposure immediate before/after treatment, sun protection recommended. *</p>	60 min
GUINOT Liftosome	<p>Formulated to combat the effects of fatigue and aging, this facial uses a patented serum to lift and tighten the skin, gently erasing fine lines and wrinkles, leaving it younger, tighter and fresher.</p> <p>The thermal, lifting mask is left on, it shapes the facial features and "diffuses" energizing concentrates of Orange (Vitamin C) and Ginseng. These active ingredients fill the skin with new energy and restore it's elasticity and regenerate new cells.</p>	60 min

\* Note: A slight burning sensation while the acids and enzymes do their work is normal. This treatment is not suitable for very sensitive skin types, on sunburned skin, or for people undergoing vitamin A, acid, or medical peeling treatments.



## Body Care & Rituals

nourish & hydrate

cleanse & detoxify

rejuvenate & relax

treatment	description	time
Tropical Purity cleansing ritual	<p>Delight all your senses while sampling the flavors of the tropics. Vitamin C and antioxidant rich hibiscus-guava body glow gently exfoliates and cleans the skin. Custom blended citrus massage oil improves skin metabolism, while mango-papaya nutrients (papain enzyme and vitamin c) are used to firm and tighten the skin during the body wrap. Recommended for those concerned with cellulite, fluid retention or sluggishness after your flight.</p> <ul style="list-style-type: none"> <li>• welcoming foot ritual</li> <li>• hibiscus guava body glow</li> <li>• moisturizing orange – mango bath milk soak*</li> <li>• stimulating aroma Swedish massage</li> <li>• mango papaya wrap with indulgent head &amp; foot massage</li> <li>• tropical refreshment with papaya banana fruit punch</li> </ul>	135 min
Cocoa Island Experience nourishing ritual	<p>A great treatment to nourish and tone the skin, to uplift your spirits. Dry skin brushing gets the lymph flow going before a sensuous jasmine lavender body cleanse prepares the skin to receive the active ingredients of cocoa cinnamon cocoon to tone and nourish your skin. Conclude with a choice of Calming or Energizing oil for the massage – a feast for the senses, simply delicious!</p> <ul style="list-style-type: none"> <li>• welcoming foot ritual</li> <li>• dry body brush to stimulate lymph flow</li> <li>• jasmine lavender body rinse</li> <li>• cocoa-cinnamon wrap with indulgent head &amp; foot massage</li> <li>• choice of Balinese or Oriental massage</li> <li>• tropical refreshment</li> </ul>	120 min
Bali Spirit revitalizing cocoon	<p>This wonderful cocoon leaves you energized and refreshed. Start with a Balinese massage; drift slowly into a state of deep relaxation. An active and zesty ginger-lemongrass rub follows to cleanse away any signs of stress or fatigue. While you are cocooned enjoy a revitalizing Indian head and foot massage.</p> <ul style="list-style-type: none"> <li>• Balinese massage</li> <li>• ginger lemongrass rub</li> <li>• Indian head and foot massage</li> </ul>	90 min
Aloe Vera Deluxe soothing cocoon	<p>Start with a restoring and balancing massage to prepare for the healing body wrap to sooth, hydrate and cool your skin, especially after exposure to sun and sea. A deep nourishing scalp-hair treatment with warm rosemary oil infusion completes this cocoon.</p> <ul style="list-style-type: none"> <li>• oriental massage</li> <li>• aloe vera cocoon with geranium-lavender essential oils</li> <li>• nourishing scalp treatment with rosemary oil</li> </ul>	90 min
<p><b>Note:</b> all body rituals and cocoons conclude the application of our tropical, moisturizing frangipani body lotion (excluding Cocoa Island Experience)</p>		



## Beauty Care

connect to the inner and outer self  
 replenish & recharge  
 restore to a blissful state

treatment	description	time
Coconut Vanilla Body Polish Pre Sun Treatment	<p>A blissful blend of exotic vanilla and freshly grated coconut is used to smooth and moisturize the skin with a gentle exfoliation; leaving it in perfect condition to receive the sun. A great start into your holiday! For all skin types</p> <ul style="list-style-type: none"> <li>• jasmine-lavender full body rinse</li> <li>• coconut vanilla body polish with indulgent head massage</li> <li>• application of tropical frangipani lotion</li> </ul> <p>A perfect preparation for a massage; also ideal combined with a facial, manicure, pedicure or hair elixir for a complete top to toe treatment.</p>	50 min
Aloe Vera Sun Soother After Sun Treatment	<p>Nourish your skin with a moisturizing and healing wrap of fresh Aloe Vera enhanced by essential oils of lavender and geranium. Eases sunburn, prevents skin peeling and heals damaged skin. Ideal of all skin types, especially for sensitive skin.</p> <ul style="list-style-type: none"> <li>• jasmine-lavender full body rinse</li> <li>• aloe vera body envelope with indulgent head massage</li> <li>• application of tropical frangipani lotion</li> </ul> <p>The perfect combination with a manicure, pedicure or hair elixir for a complete top to toe treatment.</p>	50 min
Spa Manicure	<p>Luxurious conditioning care for your hands. More youthful hands through nail filing, cuticle trimming and minimizing, exfoliation and hand/arm massage. Hands are visibly softer and smoother.</p> <p>Nail polish or buffing included          (additional charge of US\$ 5 for French manicure/pedicure)</p>	60 min
Spa Pedicure	<p>Pampering time for your feet! Begin with an aromatic foot soak and scrub. Filing, cuticle minimizing, pampering foot/leg massage enhance the condition of your feet.</p> <p>Nail polish or buffing included          (additional charge of US\$ 5 for French manicure/pedicure)</p>	65 min
Avocado Hair Elixir & Head Massage	<p>After time in sun &amp; sea, indulge with this Indonesian luxurious hair treatment and scalp massage. Warm blended rosemary oil enhances hair growth and shine. Avocado rich hair crème moisturizes dry and split ends. While absorbing nature's healing nutrients unwind with a neck &amp; shoulder massage. Concludes with a full body application of moisturizing frangipani body lotion.</p>	60 min
Salon Treatments	<p>Hair cuts, Wash'n Blowdry, Waxing, Eyebrow Shaping          Please ask for more information at our spa reception</p>	



## Massages

intuitive touch  
 healing energy  
 holistic well-being

treatment	description	time
Balinese Massage	This gentle and calming massage has its origin in Bali where it is passed down through many generations. The combination of acupressure, skin rolling and relaxing strokes has a restoring and calming effect. It is as a favorite with many guests.	60 min
Oriental Massage	A restoring and balancing massage which uses stronger pressure and the best techniques from Thai, Balinese and Indian Head massage.	60 min
Back Neck Shoulder with Hot Stones	This customized deeply relaxing massage incorporates deep thumb and palm pressure and long sweeping movements to flush away stress, neck and shoulder aches and tenderness; supported by the healing properties of volcanic stones.	60 min
Thai Massage	Described as “Yoga Massage” , this treatment opens up the joints and improves body flexibility and postural alignment. You will feel an energizing and uplifting effect. (No oil is used)	60 min
Aroma Swedish Massage	This invigorating, deep tissue massage applies medium to strong pressure to knead and wring tension and stress away. Finger, thumb and palm pressure work with percussion techniques to stimulate skin circulation and improve release of tension.	60 min
Sole to Soul	A healing combination of Reflexology and Indian head massage brings deep relaxation to body and mind while stimulating the body’s own healing process. Can also be booked as 60 min Reflexology.	60 min
<b>Flavors of India</b>		
Shirodhara *	Begins with a specialized neck, shoulder and head massage to initiate relaxation. A golden stream of warm oil flows continuously onto the third eye (energy centre in the middle of the forehead). Very beneficial for profound relaxation and mental clarity. Course of 3 treatments suggested for optimum benefits.	60 min
Ayurvedic Massage	Uses specially blended warm ayurvedic herbal oils. Gentle and brisk strokes invoke warmth and relaxation. Helps also to increase joint flexibility. Emerge feeling more youthful and rejuvenated.	60 min